

ADHERENCE TO ANTIRETROVIRAL THERAPY (ART)

The use of medicines to treat HIV is called antiretroviral therapy (ART). Adherence means taking the medicine every day as prescribed. Poor adherence leads to drug resistance and ultimately treatment failure.

Adherence



Benefits of Adherence



<https://aidsinfo.nih.gov/education-materials/fact-sheets/21/54/hiv-medication-adherence>

Adhere to ART, beat HIV drug resistance and live longer.